



2017 Fall Educational Series-October

All programs are **FREE** to participants and open to the public!

****Thursday, October 12th, 7:00-8:30pm**

Topic: Improving Your Mental and Neurological Health

Come join us for a *Free* talk with health expert, Karen Ranzi, M.A.! Karen is an international motivational speaker, plant-based health coach, certified natural food chef and a speech/language/feeding therapist. She is the owner of SuperHealthyChildren.com and SuperHealthyRaw.com. She travels throughout the U.S. and abroad to present her impassioned message about health and healing through her talks on nutrition for ADHD and Autism.

**Adult supervision for youth age 5yrs and older is available and will be provided while parent/caregivers are participating in the workshop at no charge!*

***Please register by Monday, 10/9.*

Presenter: Karen Ranzi, M.A.
Owner, SuperHealthyKids.com and SuperHealthyRaw.com

Location: Family Support Organization of Bergen County
0-108 29th Street
Fair Lawn, NJ 07401

Any questions?... Ready to Register?

Phone: 201-796-6209 x102

Email: ls@fsobergen.org

Website: www.fsobergen.org

The Family Support Organization of Bergen County (FSOBC) provides support, education and advocacy to families and caregivers of youth, ages 5-21, with emotional, behavioral, intellectual and/or substance use challenges. FSOBC is a non-profit organization whose board and staff are parents or caregivers of youth with these challenges. *Our programs are open to All parents/caregivers, professionals, community members.....and they are always Free!*